Invitation

Welcome to the Internal Medicine Conference 2015.

This is being organized by the CAD conference in collaboration with the Royal College of Physicians, London, and with the auspices of the Lisie Heart Institute, Kochi. The programme will have topics of interest in Medicine for the practicing physician and include Clinical case based lectures, Symposia and Interactive Workshops. Expected participants will be postgraduate students, clinicians and scholars in medicine.

We look forward to welcoming you to Kochi and to your contributions to the conference, which we are sure will enrich you.

Cordially yours,

Rony Mathew
Prof David Warrel - Speciality - Tropical Medicine
Professor David Warrel is Emeritus Professor of tropical medicine (former head) at the Nuffield Department of Clinical Medicine; Honorary Fellow of St Cross College, University of Oxford; and Principal Fellow, Australian Venem Research Unit, University of Melbourne, Australia. He is a researcher, physician, teacher and traveller in Africa, Asia, Latin America and Papua New Guinea and was the founding director of the Oxford Tropical Medicine Research Network. David has worked as a consultant for the World Health Organization, the British Army, the Foreign and Commonwealth Office, the Medical Research Council and many others. Professor Warrell is also a past president of the Royal Society of Tropical Medicine and Hygiene and the International Federation of Tropical Medicine. He is the senior editor of the Oxford Textbook of Medicine.

Dr Peter Trewby - Speciality - Gastroenterology
Dr Peter Trewby is a consultant physician and gastroenterologist in Darlington. He was Northern regional adviser and CME adviser to the Royal College of Physicians 1994 - 1998, national and international examiner for MRCP part 2 / PACES since 1995, and Royal College of Physicians Censor 2002 - 2004. He chaired the RCP working party on international medical graduates 2004 - 2007 and currently chairs the International Sponsorship Scheme panel for IMGs. He was awarded the British Association of Physicians of Indian Origin (BAPIO) award for services to overseas doctors in 2008. He has particular clinical interests in liver, biliary and inflammatory bowel disease, functional bowel disorders and patient perception of risk and benefit.

Dr Kate Ryan MD FRCP FRCPth
Dr Kate Ryan has been Consultant Haematologist at Manchester Royal Infirmary and honorary lecturer at the University of Manchester since 2003. Prior to this she was a Consultant at the North West London Hospitals.
Dr Ryan has a specialist interest in general haematology, haemoglobinopathies and other red cell disorders. Dr Ryan is interested in standardisation of care through guidelines and quality standards. Roles have included Chair of the General Haematology Task Force of the British Committee for Standards in Haematology and national joint lead for the national peer review programme for adult haemoglobinopathy services. She has contributed to UK guidelines in sickle cell and thalassaemia as well as other haematological disorders.

Heather Angus-Leppan MBBS (Hons), MSc (Epilepsy), MD, FRACP, FRCP is Consultant Neurologist, and Epilepsy Lead at the Royal Free London NHS Foundation Trust, Honorary Consultant Neurologist, National Hospital, University College London, and Honorary Senior Lecturer at University College and Imperial College London. After completing an MD in Sydney, Australia, she came as Visiting Australasian Clinical Fellow to the Radcliffe Infirmary in Oxford in 1993, and subsequently worked as Senior Registrar in Cardiff, and as a Consultant Neurologist and Honorary Senior Lecturer at the Essex Neuroscience Centre. She is currently Honorary Secretary of the Clinical Neurosciences Section of the Royal Society of Medicine. She is past Honorary Secretary of that section, and of the Association of British Neurologists. She has published on basic and clinical aspects of epilepsy and migraine.

Dr Fraz Mir is a Consultant Physician in Acute Medicine and Clinical Pharmacology & Therapeutics at Addenbrooke’s Hospital, Cambridge, UK. He is also an Associate Lecturer in the Department of Medicine, University of Cambridge. His clinical and research interests are in the fields of cardiovascular medicine, hypertension and toxicology. He is actively involved in teaching at both undergraduate and postgraduate levels and is an examiner for the MRCP diploma as well as a member of the MRCP Board (Part 2).
He represents the Medical Schools on the steering committee for the national Prescribing Safety Assessment. His other responsibilities include being the Chairman and Training Programme Director for the specialty of Acute Medicine in the East of England. He is a trustee of Addenbrooke’s Abroad which aims to support voluntary work overseas and develop links with hospitals in resource-poor areas. He was appointed as the Royal College of Physicians’ Associate International Director for South Asia in August 2013.

Prof Marcus Schultz - Speciality - Intensive Care
Prof Marcus Schultz is Prof at University of Amsterdam, Amsterdam, the Netherlands and is presently involved in several projects in collaboration with the Netherlands Organization for Scientific Research (ZorgOnderzoek Nederland, Medische Wetenschappen, ZonMW). His main research interests are in the area of acute lung injury/acute respiratory distress syndrome (ALI/ARDS), pneumonia and mechanical ventilation, specifically pre-clinical and clinical studies on the interaction between infection/inflammation and coagulation. His second interest involves implementation of new strategies in daily critical care practice. A third line of interest includes biomarkers of organ failure in the critically ill. Presently, he endorses several PhD-students towards a doctorate University of Amsterdam, Amsterdam, the Netherlands.

Bridget Griffiths MB ChB MD FRCP
Bridget Griffiths graduated from the University of Birmingham in 1988. She have taken her training in rheumatology at the West Midlands and West Yorkshire. She was appointed as a Consultant Rheumatologist at the Freeman Hospital, Newcastle upon Tyne in 2001.
Her special interests are in the autoimmune connective tissue diseases, especially SLE, systemic sclerosis, interstitial lung disease and pulmonary hypertension in rheumatic diseases. Her research interests are in clinical outcomes and clinical trials. She was the Training Programme Director for junior doctors in core medical training. Recently, she was the RCP Regional Adviser for Service Quality. At present she is area representative for NHS England’s Clinical Reference Group for specialised rheumatology.
Scientific Sessions at a glance

**Chronic Care**

**Gastroenterology**
- Non Alcoholic Steato Hepatitis (NASH)
- Major GI bleeding
- Non Viral Hepatitis

**Neurology**
- Parkinson's Disease
- Chronic Headache
- Confusional State
- Treatment of Epilepsy

**Rheumatology**
- Systemic Lupus Erythematosus
- Management of Vasculitis
- Rheumatoid Arthritis - Comorbidities
  - Newer treatment and Indian perspective
- Non immunological but common arthralgias
- Gout

**Infectious Disease and Tropical Medicine**
- Tuberculosis - Newer investigations for diagnosis
- Drug resistant TB
- Dengue fever
- Leptospirosis
- Malaria
- Snake bite

**Cardiology**
- Acute Coronary Syndromes
- Atrial Fibrillation and Oral Anticoagulation
- Bio-vascular Stents - Hope or Hype ?

**Hemat-Oncology**
- Evaluation & treatment of Anemia
- Thrombocytopenia in daily practice
- Myelo-dysplastic Syndrome

**Diabetes**
- Insulin and Analogs
- DPP4 inhibitors

**Acute Care**

- Acute pulmonary embolism
- Acute Renal Failure
- Acute Lung Injury
- Acute Liver Failure
- Non Invasive Ventilation
- Ventilation in critically ill patients
- Acute Severe Sepsis

**Workshops**

- Echo Cardiography for the Internist.
- Blood Gas Analysis and Ventilation.
- Electrolytes and Fluid Balance

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Conference Secretariat

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